

The 21 Principles of a Healthy Single Mom Program

Principle 1: The Principle of HOPE

Single moms can live a life of purpose and meaning, focus and order, balance and harmony by placing their hope in God. Learn to be a healthy single mom raising healthy children.

Audio Speaker: Lori Little

Principle 2: The Principle of IDENTITY

The only person you are is the one God says you are. Be free from poor self esteem and insecurity by understanding who God is and who you are in Him.

Audio Speaker: Dr. Joe and Kathy Wasmond

Principle 3: The Principle of VICTORY

Be free from guilt, shame, unforgiveness and negative programming from the past by resolving your personal and spiritual conflicts. Learn how to live victoriously in Christ's freedom instead of bondage.

Audio Speaker: Dr. Joe Wasmond

Principle 4: The Principle of INFLUENCE

As the spiritual leader of your home, you must first learn how to let God lead you. Understand how to drive your children to God instead of the world.

Audio Speaker: Dr. Charles Stanley

Principle 5: The Principle of COMMUNION

When you pray with others about the things that concern you and when you pray with direction and purpose, God reveals his wonderful plan. Watch the wonderful things that will happen.

Audio Speaker: Stormie Omartian

Principle 6: The Principle of THE WEDDING

You are the Bride of Christ and God is your husband during this season. This is the time to be devoted to God, and focus on your place in life today.

Audio Speaker: Jill Briscoe

Principle 7: The Principle of SEASONS

Become a woman of excellent moral character and flourish as a woman and single mother. Learn that being a single mom does not diminish your beautiful God-given qualities.

Audio Speaker: Kay Arthur

Principle 8: The Principle of SPEAR THROWING

You must forgive, get along with, speak blessings over, build up and pray for your children's father. Never teach your children to take up your offense.

Audio Speaker: Lori Little

Principle 9: The Principle of PURPOSE

Let God create a new plan that will enable you to live a life that is both on purpose and successful in all areas of your life.

Audio Speaker: Tammy London (Lori's personal Life Coach)

Principle 10: The Principle of THE HOURGLASS

Let Him teach you how to be a good manager of your time and you will have more time for yourself, and your children. God can turn chaos into order.

Audio Speaker: Lori Little

Principle 11: The Principle of RESOURCES

You can learn how to manage your money well if you follow biblical advice and use a few simple tools.

Audio Speaker: Brenda Armstrong

Principle 12: The Principle of COMMUNICATION

You can learn how to communicate with your kids in a clear and loving way, particularly when you understand your own personality, and your children's personality and how they interact with each other.

Audio Speaker: Florence Litteauer

Principle 13: The Principle of SIMPLICITY

You can learn to organize your home, family and yourself; and find peace and comfort in the process. Its about the people first and then the place.

Audio Speaker: Emily Barnes

Principle 14: The Principle of SELF INVESTMENT

Become a storehouse of knowledge to gain wisdom for you to pass on to others in the years to come. These alone times are the perfect opportunity for Satan to attack. Keep your self and your mind active and occupied with the things of God.

Audio Speaker: Elizabeth George

Principle 15: The Principle of STRENGTH

You need a strong body to do all that you have to do in a day and being physically fit allows you to do that. Our bodies are the vehicles we use to do those things which God has purposed for us.

Audio Speaker: Lori Little

Principle 16: The Principle of EXTENSION

When you are totally, unapologetically obedient to Christ your ministry is everywhere you go.

Audio Speaker: Lysa TerKeurst

Principle 17: The Principle of WISE COUNSEL

Avoid the disaster of making decisions in an improper state of mind. Have a mentor or coach/accountability partner that you report to for guidance and wisdom.

Audio Speaker: Lori's Personal Mentors

Principle 18: The Principle of COMMUNITY

Have a healthy, fun, active social life with other families. You are not a second class citizen because you are a single parent.

Audio Speaker: Michelle McKinney Hammond

Principle 19: The Principle of COURTSHIP

Learn how to date with a purpose to find a lifetime partner in a way that is God-centered, not self centered.

Audio Series: Joshua Harris

Principle 20: The Principle of LAUGHTER

Life is about eternity. Have a good attitude about today and the days to come. Learn to be content in your circumstances. Your attitude determines your altitude.

Audio Speaker: Lori Little

Principle 21: The Principle of REWARD

Your reward will be to see the sweet fruits of the Holy Spirit in your children's lives. They will bless you and praise you for the virtues you lived out and poured into them.

Audio Speaker: Dr. John Trent